



Decision making and problem solving

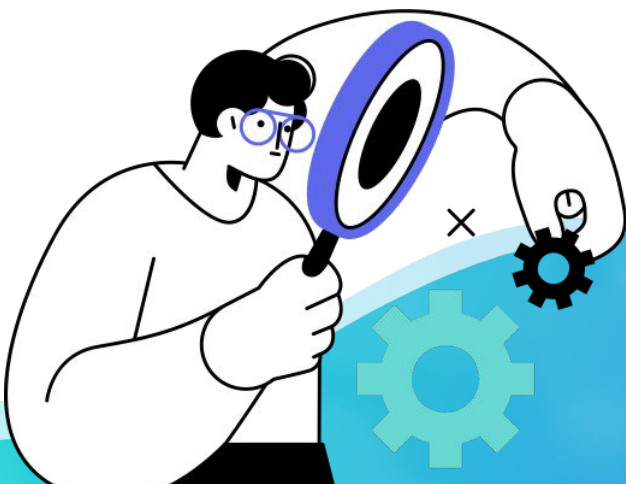
Problem Solving Dynamic

Step 1 Problem orientation

Objective:
Set an appropriate attitude to solve problems

Step 2 Problem definition and formulation

Objective:
Delimit problems (Pareto Analysis)



Problem Solving Dynamic

Step 3
Search for solutions

Objective:
Brainstorming

Step 4
Decision making

Objective:
Evaluate solutions and put them into
practice

Step 5
Practice and verification

Objective:
Evaluate the result



WORKSHEET

For every problem there is a solution

Keep in mind your concerns to understand yourself better

My problem is...: _____

Possible solutions

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Positive consequences

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Negative consequences

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

My chosen solution is... _____

When I put it into practice my result is ... _____

If it has been bad, I will choose this other option _____



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